

## **7 DAYS 6 OVERNIGHTS IN SIRIMON OUT SIRIMON**

The Sirimon Track is one of the finest approaches to the peak area. It offers some of the best views of the main peaks, with a gradual climb, which can be done leisurely. We traverse the mountain by ascending the Sirimon Track.

### **Day 1: We leave Nairobi at 6am (latest)**

We arrive at Nanyuki at 10 am where we have lunch. At 11.30 am we shall depart for the Sirimon Park gate.

Our Mountain trek starts from this point after a few formalities at the Gate, an easy trek in the afternoon to help acclimatization. Overnight will be at Old mosses (3300m) in the high altitude mountain cabins. By the end of the day we will have done 5 hours of walking.

### **Day 2: The day starts at 00800 Hrs**

By the end of this day we shall have done about 8 hrs of walking (Leisurely). This will be a true taste of patience, endurance & determination.

Ascend the Sirimon Track to Likii North Valley, in this beautiful little valley below the subsidiary peaks of Teleki and Sendeyo, two ancient parasitic vents of the main peaks. (3990m). Climb out of the North Valley and into the Mackinders Valley, one of the broadest valleys on the mountain, with many giant groundsels. Camp at Shiptons Cabins the of the Mackinder's Valley, just below the main peaks of Batian and Nelion (4,300m).

### **Day 3**

We shall spend this day acclamaitising at the base of the peaks.

### **Day 4: The day starts at 00200 Hrs. We start early so that we can reach the Peak at Sunrise**

Alpine ascent to the highest peak, Pt. Lenana (4985m). En route up the north face little used by tourists. Four hours of stiff walking to the summit. This will be the most challenging bit of the Mt Trek and will require a strong mind to reach the summit. At about 0730 Hrs we shall start the descend back to Mintos Hut where we shall have break fast. Latter on we shall then descend to Austrian Hut ( 4,790 M ) where we shall be accommodated for the night.Please note that this is the base camp for the Normal route for the Batian & Nelion technical climb.

### **Day 5**

You shall start your day fairly early for your climb to Nelion & Batian Peak. After scaling Nelion & Batian Peak & depending with your energy Levels, you will later descend to Austrian Hut for an Overnight stay or Sleep up at howells hut.

The preferred route on Nelion is the MacKinders route. This is a 5th class rock route to a maximum difficulty of perhaps 5.7. There are easier sections where the party can move together, but typically, some 15 plus pitches are belayed. Descent is by the same route, with a few of the rappels taking more direct lines down cleaner rock. This is a fun route, on generally good rock, very sunny. Rock shoes are appropriate. Approach boots can be left at the base of the route. Though still long, this route is considered to be easier than the North Face Standard Route on Batian. With better rock, and a sunnier position, it is also more fun.

It is possible to continue on to Batian from the summit of Nelion, crossing the impressive "Gate of the Mists". This is much more difficult, and involves crossing steep snow slopes, rappels, and possibly fixing a rope for the return out of the "Gate". Most climbers who attempt this plan on a bivouac at the Howell Hut near the summit of Nelion. The hut is tiny and can accommodate three or four in a pinch (don't sit up quickly!). You'll need to

carry a stove and sleeping bag for the bivy, as well as boots and crampons for the traverse to Batian. The additional weight of these items makes the climbing to this point much more challenging. And the bivouac at over 5000 meters suggests the need for thorough acclimatization.

### **Day 6**

You Leave Howells hut for Austrian Hut & Latter descend to Shipton Camp Via the Husberberg Col. You will latter descend to Old Moses camp where you will be accommodate for the night.

### **Day 7: The day starts at 00800 Hrs**

You will depart Old Moses hut for your exit out of the Park

### **Included within your safari:**

Accommodation whilst on safari (no need of tents, just your sleeping bags)

All transfers and as mentioned above

Park entry fees at the park (Mt Kenya)

All park entry and conservation fees

Lunch at Nanyuki

All the meals whilst Mountaineering.

Services of a professional guide

We shall all have a porter each (thus guests will only be carrying their day packs)

### **Excluded from your safari:**

Beverages and other extras in Nanyuki

Technical Climbing gear

All activities not mentioned above

Items of a personal nature

Personal insurance covers (including emergency evacuation cover